

Systems at work

A 20 day
Training Course
in Systemic thinking
& perception, and
constellational
process work to
navigate in a
non-linear world.



April 2012 - Jan 2013



CASPERIUS
Your Partner in People Development

Systems at work

A 20 day Training Course in Systemic thinking & perception, and constellational process work to navigate in a non-linear world.

This training course in systemic theory, thinking, perception as well as systemic constellation work is designed to broaden your point of view, perspective, and quality of discernment in all life contexts. The dynamic and complexity of daily lives requires a shift in our perception from sequential linear understanding of problems and facts to a parallel integration of complex dynamics and multi-dimensional interdependencies. In the face of intertwined realities, logical thinking and reasoning falls short to meet the challenges and intricacies of lived life.

In this training we offer you a framework to think, feel, perceive, and understand differently. Systemic thinking is an approach to view and understand realities differently and to find efficient levers to bring about changes in an elegant manner. Systemic viewpoints shift the focus away from the individual into the governing and ruling systems that drive our behavior and create effects of their own that surpass individuals. Systemic thinking is an alternative way of understanding reality in a more non-dual way that integrates diverse strata of influence and opens possibilities for interventions.

The training comprises an introduction into systemic theory, systemic perception, systemic interviewing and interventions as well as an introduction into systemic constellation work in different settings, set-ups, and forms. The training is taught as an integrative approach that looks at personal issues, professional issues, organizational issues, and other areas of personal concern.

This training is not only a "training". It is about taking you, your present situation and the fast changing world seriously. It is a course to enrich your thinking with transforming ideas, moving experiences and embodied cognition. However, this training cannot replace trainings in personal development or resolve possible personal needs. In this case, personal coach sessions may apply and are recommended.

The training appeals to professional people from all walks of (business) life, who feel concerned about the human factor in our daily routines. The group will range from 14—20 people. Previous knowledge is not necessary for attendance. However experience in Coaching, or consulting techniques, as well as self-modification is advantageous. Johannes Schmidt facilitates this course in English (basic knowledge is sufficient).

Program

- Module 1:** theoretical Introduction into systemic theory, thinking, and perception - "What is systemic?"
- Module 2:** Essentials of systemic inquiry, settings & frameworks, one-to-one constellations – "Creating relevance and connection"
- Module 3:** Essentials of constellation work, representative perception, understanding basic systems, (organizational, familial, social, inner, structural systems, and others) - "Dos and don'ts"
- Module 4:** Exploring different systems (political, organizational, familial, inner, traumatic, structural, future, decision systems) - "Complexity simplified, simplicity complexified".
- Module 5:** Working live with clients. Understanding facilitation of inner processes and inner navigation of facilitators - "I and you are one system"
- Module 6:** Practicing of skills, developing personal styles, supervision, and refining of perception - "Get the job done"
- Module 7:** Certification and evaluation - "you, put to the test" Hoe omgang met vertrouwelijke zaken

About the facilitator

Facilitator: Johannes Benedikt Schmidt (Germany)



Johannes Benedikt Schmidt, Founder of Aptitude-Academy, M. A. in Psychology, M.A. in Human Development, trained in Behavior Therapy, Hypnotherapy, Constructivist-Systemic Work, Constellation Work, Trauma Work, Craniosacral Biodynamics, and Neurophysiological Development. Johannes is a doctoral student at Fielding Graduate University, Santa Barbara. Johannes teaches in Germany, the Netherlands, Belgium and Switzerland and offers seminars in Systemic Constellation Work, Trauma-Work, Systemic Communication, and diverse personal change processes; Author of the book "Inner Navigation – Traumahealing and constellational processwork as a navigational tool for the evolution of your true self".

Customer's voice:

"Next to his professionalism, we know him as a very ethical person with an original blend of provocative humour and careful attention for the client's sensitivity. He focuses on lasting effects and realistic, tangible results. A high level coach that is beneficial to meet and learn from."

Boulevard Louis Schmidt 103, 1040 Brussel; Tel.: 02 894 55 50; Fax: 02 894 55 59

Practical Information

Casperius is pleased to provide you with the unique opportunity to meet Johannes Schmidt in Belgium for this exquisite program. We highly appreciate him for this charisma, dedication and humour. His sharp perception, compassionate honesty, unconventional simplicity, and long-standing experience make it a privilege to participate in this training.

Dates:

- Module 1: 24. – 26. April 2012
- Module 2: 21. – 23. May 2012
- Module 3: 18. – 21. June 2012
- Module 4: 17. – 19. September 2012
- Module 5: 22. – 24. October 2012
- Module 6: 10. – 12. December 2012
- Module 7: 01. – 02. February 2013

Working hours:

- 1. Day: 14.00 – 21.00 hours
- 2. Day: 09.30 – 17.30 hours
- 3. Day: 09.00 – 17.00

Number of participants: 12 – 20 persons
Costs: € 4.600,00- per person (ex. VAT)
Please note that for all Casperius programs you can benefit from subventions ("opleidingcheques" & "KMO portefeuille")



Venue: in the wider Brussels area – to be announced

Information and Subscription:

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